



TWO STEPS FORWARD



MANAGE YOUR HEALTH

Brain Tumour Support

Books and Blogs

www.twosteps.ca



Blogs

<http://greymadder.net/>

<http://www.everywhereist.com/70-things-i-learned-from-having-a-brain-tumor/>

<https://glioblastology.com/>

<http://anneethompson.com/how-to/how-to-have-a-brain-tumour/>

<https://thelizarmy.com/>

Books

Non-Fiction

Curveball: When Life Throws You a Brain Tumor (Liz Holzemer)

https://www.amazon.com/Curveball-When-Throws-Brain-Tumor-ebook/dp/B0084K0FBM/ref=sr_1_1?ie=UTF8&qid=1436287539&sr=8-1&keywords=curveball+when+life+throws+you+a+brain+tumor

Becoming Dr. Q: My Journey from Migrant Farm Worker to Brain Surgeon

(Alfredo Quinones-Hinojosa)

https://www.amazon.com/Becoming-Dr-Journey-Migrant-Surgeon/dp/0520274563/ref=sr_1_1?ie=UTF8&qid=1436288337&sr=8-1&keywords=becoming+dr+q

Me, Myself and My Brain Stem Tumour: Memoirs of a Pediatric Brain Cancer Survivor

(Bayan Azizi)

https://www.amazon.com/Myself-Brain-Stem-Tumour-Pediatric/dp/0993714765/ref=sr_1_1?ie=UTF8&qid=1436287692&sr=8-1&keywords=me+myself+and+my+brain+stem+tumour

My Stroke of Insight: A Brain Scientist's Personal Journey (Jill Bolte Taylor)

https://www.amazon.com/My-Stroke-Insight-Scientists-Personal/dp/0452295548/ref=sr_1_1?ie=UTF8&qid=1436287804&sr=8-1&keywords=my+stroke+of+insight

Two Steps Forward – Embracing life with a brain tumor (Claire Snyman)

https://www.amazon.com/Two-Steps-Forward-Embracing-brain/dp/0994759614/ref=sr_1_12?s=books&ie=UTF8&qid=1517595368&sr=1-12&keywords=two+steps+forward



Allison's Brain (Robert McMechan)

https://www.amazon.com/Allisons-Brain-Robert-McMechan/dp/1460251784/ref=sr_1_1?ie=UTF8&qid=1443643935&sr=8-1&keywords=allisons+brain

Hell in the Head: My War with a Brain Tumor and Other Evil Things (David Douglas Shannon)

https://www.amazon.com/Hell-Head-Brain-Tumor-Things/dp/0615642012/ref=sr_1_1?ie=UTF8&qid=1436288255&sr=8-1&keywords=hell+in+the+head

The Man Who Mistook His Wife For A Hat: And Other Clinical Tales (Oliver Sacks)

https://www.amazon.com/Hell-Head-Brain-Tumor-Things/dp/0615642012/ref=sr_1_1?ie=UTF8&qid=1436288255&sr=8-1&keywords=hell+in+the+head

Diary of a Headcase (Faiza Siddiqui)

https://www.amazon.co.uk/Diary-Headcase-Faiza-Siddiqui/dp/129191806X/ref=sr_1_1?ie=UTF8&qid=1436465528&sr=8-1&keywords=diary+of+a+headcase

The Brain's Way of Healing: Remarkable Discoveries and Recoveries from the Frontiers of Neuroplasticity (Norman Doidge)

https://www.amazon.com/Brains-Way-Healing-Discoveries-Neuroplasticity/dp/067002550X/ref=sr_1_1?ie=UTF8&qid=1436465420&sr=8-1&keywords=brains+way+of+healing

Do No Harm: Stories of Life, Death and Brain Surgery (Henry Marsh)

https://www.amazon.com/Do-No-Harm-Stories-Surgery/dp/125006581X/ref=sr_1_1?ie=UTF8&qid=1436465342&sr=8-1&keywords=do+no+harm

(Children's storybook for children affected by brain tumors either personally or through someone close to them)

<https://www.braintumour.ca/245/storybook>

I had Brain Surgery, What's Your Excuse? (Suzy Becker)

https://www.amazon.com/Brain-Surgery-Whats-Your-Excuse/dp/0761139796/ref=sr_1_1?s=books&ie=UTF8&qid=1487258823&sr=1-1&keywords=i+had+brain+surgery+what%27s+your+excuse

Musicophilia: Tales of Music and the Brain (Oliver Sacks)

<https://www.oliversacks.com/books-by-oliver-sacks/musicophilia/>

Brain on Fire: My month of madness (Susannah Cahalan)

https://www.amazon.com/Brain-Fire-My-Month-Madness/dp/1451621388/ref=sr_1_1?ie=UTF8&qid=1487256883&sr=8-1&keywords=brain+on+fire

